*maravaड़i ka, sirom para milate hue chusta-durusta phanse ke akara ke donom kanom se shikharita sundara sira hota hai| nainitala kumayum ki pahaड़iyom mem avasthita hai jaham ghane peड़om se achchhadita pahaड़iyam, dura sthita himachchhadita parvata evam devadara se suvasita svachchha hava garma, umasa bhare maidanom se rahata dete the| yaha nainitala hi tha jaham karnala jensa edavarda kaॉrbeta ka janma hua tha| isa kshetra ki sanriddhi ke prati karnala jensa edavarda kaॉrbeta ka pyara aura sidhe-sarala pahaड़i logom ke dukhom ke prati samvedanashilata ne hi unaka jivana adamakhora bagha aura tendue jo gamvavasiyom ko pareshana karate the, unake eka sahasika shikari ke rupa mem samvara tha| bada mem karnala jensa edavarda kaॉrbeta eka divyadarshi sanrakshanavadi aura lekhaka bana gae| kaॉrbeta rashtriya udyana ka namakarana uchita rupa se hi usa vyakti ke nama para kiya gaya hai jo isake nirmana mem sahayaka the| jipom aura hathiyom jaise parivahana ke madhyamom se, kisi ko bhi isa udyana ke vividha peड़-paudhom aura jiva-jantuom ko dekhane-parakhane, unaka sarvekshana karane aura maje lene ka shanadara avasara prapta hota hai| 'phaॉresta laॉja' aura 'taigara kaimpa' svadishta bhojana, svachchha, aramadeha shaiyya aura snanagara tatha sunasana jangala ke samarupa parivesha pradana karate haim| charom ora ghire sala ke ghane sanrakshita vanom se hokara savari ka pahala charana sarala hai| komala rastom para kadama chala ya sarapata chala se chalie aura jo kuchha bhi apaki kalpana ko vimohita kara de use rukakara dekhane ka avasara, sala ke vanom mem hamesha upalabdha hai| shivira-sthala jangala ke sare jadu pradana karate haim, ratrikalina dhvaniyam, prakhara prakashita akasha aura chatakate kaimpaphayara ke irda-girda baithakara katha-kahaniyam, saba milakara eka joradara sammishrana banate haim| trekinga sankirna ashva margom para chaढ़ai chaढ़ne ka romanchaka apurva anubhava, badha़ti hui pahaड़iyom ke ara-para ghatiyom aura tanga rastom tatha hara moड़ para badalate peड़-paudhom ka vismayakari drishya upalabdha karata hai| panagota sthita 'laॉja' dinabhara ki behatarina savari ke bada bahuta hi arama upalabdha karata hai| betalaghata mem utarana bhi isi taraha uttejaka hai| sansara ke isa hisse mem shimala ke barpha sketinga ke maidana mem prakritika rupa se jami barpha vala sabase baड़a khula maidana hai| shimala ka barpha sketinga klaba pahale hi apani hiraka-jayanti mana chuka hai| shimala mem barpha sketinga samanyata: disambara ke shuru mem arambha hota hai aura pharavari taka chalata hai| svachchha akasha aura ninna tapamana abadhita satrom ke kai silasile muhaiyya karate haim|  
phainsi dresa mahotsava, 'jimakhana' barpha-haॉki aura nritya shimala mem hara mausama ko jivanta bana dete haim|  
yadi apa apurva anubhava ki chetana se tape hue hom to apane dila ki isa chinagari ko bharata mem uda़ne dijie, unche himachchhadita shikharom, sphatika-svachchha himanadiyom, dhalavadara ghasa ke maidanom, ubada़-khabada chattana satahom, hari-bhari ghatiyom, ghumavadara nadiyom, jarajarate prapatom, ghane jangalom aura eka sanriddha sanskriti se sampanna mehamana navaja़ loga se varadanita yaha dharati, parvatarohana, trekinga aura raॉka klaimbinga ke lie sarvatha upayukta bhumi hai| himalaya ki barphili unchaiyam bharata ki kuchha shaktishali nadiyom ke udgama-sthala haim| himalaya apako duniya ki kuchha ugratama aura atyanta romanchaka nada dharaem pesha karata hai| ina teja dharaom mem 'rivara sportsa' pure grishma-kala mem atyanta lokapriya haim aura ye sachamucha apake edrenalina ke stravana ko kriyashila kara sakate haim| jammu aura kashmira, himachala pradesha evam uttara pradesha ki asankhya svachchha jala dharaem aura jilem machhali marane aura 'trauta' machhaliyom ko pakada़ne ke lie upayukta haim| samudra-tatiya kshetra pani para skiinga, vinda sarphinga, naukayana, snaॉrkalinga evam skuba daivinga jaisi jala-kriड़aom ke lie utkrishta avasara pradana karate haim| aravali ki pahaड़iyom para dilli ke pasa sthita dumadama, dhauja aura nuha mem arohana karane ke lie achchhi satahem haim|  
pashchimi ghatom mem pune se age mumbra aura dudha haim| himachala pradesha prastuta karata hai manali ghati, manikarana aura rohatanga darra| rajasthana mem maunta abu aura sariska haim jaham nridulatara chattane haim|  
jo loga ajnata ke prati vimugdha haim unake lie karnataka mem chamundi pahaड़iyam haim, bharata ki parvatashrinkhalaem vismiyakari, sammohaka trekinga patha prastuta karati haim| bharata ke himalaya aura karakorama ke vistrita parikshetra mem trekinga, parvatarohana, skiinga aura rivara-raॉphtinga ki asima sambhavanaem haim| isa lubhavane bhu-bhaga ke dayare mem, trekinga karane valom ke lie khasa binduom ke satha gaढ़vala aura kumayum kshetra, kendriya sthana haim| kaimpinga sambhavata: himachala ke prakriti pradatta ashcharyom ka lutफ़ uthane aura yaham ke logom ki garmajoshi ke sahabhajana ka sabase behatarina tarika hai| himarekha se upara ke apane khule vistrita sthanom ke satha uttaranchala ke gaढ़vala aura kumayum ki pahaड़iyam skiinga sthalom ki prachurata prastuta karati haim| bharata adhunika polo ki janmabhumi mana jata hai| yaha bharata hai jaham madhyakala se hi khelom ke raja polo ka punaravishkara aura poshana kiya gaya| 15vim sadi mem mugala rajavansha ki sthapana karane vale babara ne isaki lokapriyata ko driढ़tapurvaka sthapita kiya| bharata na kevala rashtriya balki antarrashtriya stara ki bhagidari ko bhi akarshita karati, thoड़i bahuta railiyom ke satha, jinhem aba varshika karyakramom ke rupa mem sthapita kiya ja chuka hai, antarrashtriya raili paripatha para eka pramukha sthala hai| halanki sahasika khelom ki sima mem isane apekshakrita hala hi mem pravesha kiya hai, phira bhi hainga-glaidinga pune, dilli, chandigaढ़, shimala, mumbai, devalali, bangalora aura kalaheti jaise shaharom ke ubharate klabom mem vakai lokapriya ho chuka hai| eka minata ka romanchaka sahasika khela jisamem eka kshanansha ke nirnaya vastutah bana ya bigaड़ sakate haim, heliskiinga upamahadvipa mem arambha kiya jane vala sambhavata: sabase romanchaka khela hai| unta saphari ka udgama bharata aura china ke bicha vyapara ke samaya se hi hota hai, jaba masalom, jaड़i-butiyom aura abhushanom se lade untom ke karavam susthapita vyaparika margom se hokara gujara karate the| unta saphari tamama kathinaiyom, saundarya aura ekakipana ke satha marusthala mem paramparika bharatiya jivana ki eka jalaka pane ka avasara dete haim| jipa saphari na kevala tarotaja aura jivanta karata hai balki shanta evam sundara granya pradeshom se hokara gada़i chalana karate hue, vyakti svayam ko prakriti ke bhi nikata mahasusa karata hai| kilom, mahalom, aitihasika sthalom aura gamvom se hokara gujarate hue apani anubhutiyom ko parivesha ke romansa mem jumane dijie| bharata mem motarabaika saphari anubhava karane ke lie eka anya romanchaka sahasika karya hai!!! apa kisi bhi bhramana-karyakrama sanchalaka evam yatra ejenta se motarabaika kiraye para le sakate haim aura bharata ke vividha svarupom ka anveshana kara sakate haim | maravaड़i ghoड़a yani rajasthana ka registani ashva| ina pahaड़iyom mem yuva ghoड़e lae aura pale jate haim| pahaड़iyom ke sankirna ashva pathom ko sambhalakara para karane ki hara yukti aise surakshita aura sahaja jinhem ghoड़om ki nipunata mem yakina karane ke lie anubhava karana jaruri hai| hara roja ausatana lagabhaga 150 kilomitara chalana hota hai jisamem lagabhaga pancha se chhah ghantom ki jipa draivinga shamila hai | susti bhari shamem bistara mem soe-soe gujarie ya loka-nrityom para thirakie|  
jipa saphari ka ayojana rajasthana ke hara hisse mem kiya jata hai, parantu jodhapura ke nikata bishnoi gamva ke lie ayojita saphariyom mem paryatakom ke lie khasa akarshana hai| rajasthana ke hara hisse mem motarasaikila evam saikila se bhi saphariyam ki ja sakati haim| jo loga saiklinga ko eka utkata pratisparddhatmaka khela banana chahate haim unake lie, rajasthana mem saikila polo bhi hai| ve jo ajivana yada rakhane yogya anubhava ki talasha mem haim unake lie hathi saphariyam baड़i romanchaka haim| kuchha bhramana sanchalaka jayapura aura pushkara ke bicha hathi saphari ka ayojana karate haim| eka romanchaka khela hai hathi polo jo darshaka ke lie eka kautuka aura pratibhagiyom ko ananda pradana karata hai| ye bhari-bharakama jiva ashcharyajanaka gati aura santulana ke satha chaturdika ghumate haim| prativarsha janavari ke mahine mem ayojita jayapura ki vinteja kara raili kara-premiyom, khela-premiyom, purani vastuom ke saundarya ke divanom aura paryatakom ke lie samana rupa se eka baड़a akarshana bana gaya hai| eka utsahapurvaka pratisparddhita ayojana, yaha raili bite varshom ki achchhi rakha-rakhava vali karom ka eka anutha pradarshana hai|  
1997 ki 'vinteja kara raili' mem bhaga lene ke lie bharata ke vibhinna shaharom se ae purane maॉdalom mem 1903 ka hambara, 1919 ka phieta 501, 1923 ka rovara, 1936 ka marsidija benja 170 vi, 1938 ka maॉnsa 8, 1923 ka ऑstina aura 1926 ka ersakina ko apa dekha sakate the| kalindikhala treka eka durlabha anubhava pradana karane ka vada karata hai, yaham taka ki atyanta sadhe hue trekarom ko bhi|  
kalindikhala treka nandanavana se shuru hota hai, aura badrinatha mem samapta hota hai| kalindikhala treka 10 kimi. taka ka eka kramika chaढ़ava hai, usake bada age 6 kimi. niche, kalindi ke adhara (5590 mi.) para kaimpinga karane se purva, yaha treka 5456 mi. ki unchai para kherapathara (8 kimi.) se milata hai| himalaya ke shikharom, yamuna nadi aura masuri ghati ko niharane mem kuchha samaya gujarie| kuchha pala apani ankhom ko shivalika parvata shrinkhalaom, duna ghati, dakapathera tatha asana bandha ka rasasvadana karane dijie| registanom se lekara baluka-tatom aura parvatom taka bharata jo bhu-bhaga prastuta karata hai yaha yatharthavadiyom ki na kevala kushalata balki unake sahasa ki bhi pariksha leta hai| abhi kuchha salom pahale taka, adhika prakhyata kara-railiyom mem se eka, himalayana kara raili tha, jo taba se banda hai|  
hala mem shuru hui haim vinteja kara railiyam jinamem kuchha atyanta durlabha, sangraha karake rakhi gai karom ko na kevala pradarshita kie jate haim balki unhem raili mem chalae bhi jate haim| yadi apa saubhagyashali haim to apa 1935 ka jaguara kanvartibala ya yaham taka ki 1898 ka eka 'hambreta' bhi shayada dekha sakate haim|  
eka aise bhu-bhaga ke satha jo parvatiya pathom se lekara jangali rastom taka, marusthaliya rahom se lekara baluka-tatiya margom taka apana rupa badalata jata hai, bharata motara railiyom mem manushya aura mashina donom ke sahasa ko parakhata hai| bharata mem prativarsha kai chaimpiyanashipa railiyam ayojita ki jati haim|  
kuchha mahanagarom mem suranya vinteja kara railiyam bhi ayojita ki jati haim, jaise kolakata ki varshika stetsamaina vinteja kara raili| sarvadhika chunautipurna motara railiyom mem se eka hai himalayana kara raili|  
samanya evam atyanta lokapriya motarabaika saphari ke paripatha uttara mem rajasthana, madhya pradesha, uttara pradesha ko sammilita karate hue tatha dakshina mem tamilanadu, kerala aura karnataka ko samahita karate hue haim| yaha samanyata: himalayana shrinkhala mem jammu aura kashmira, himachala pradesha, uttaranchala tatha purvi himalaya mem hai| motara resa ke karyakalapa pahale-pahala ajadi ke bada ke kalakhanda mem shuru hue kyonki desha ke vibhinna hissom mem dvitiya vishvayuddha ke samaya ki kai havai-pattiyam tyaga di gaim aura utsahi logom ne isa khela ko jari rakhane ke lie isaka labha uthaya| kala-krama mem, phedareshana ऑpha motara sportsa klaba ऑpha indiya' (ephaemaesasiai) isa khela ki sanchalaka sanstha bana gai|  
bharatiya bhu-bhaga ke viruddha manushya aura mashina ka sahasa parakhane ke mishana ko eka raili ka rupa dena bhi eka lokapriya khela ho gaya| rashtriya chaimpiyanashipom ki sthapana hui aura vijeta samuha ke prabhavashali vyakti bana gae| jaba taka ve rashtriya chaimpiyanashipa ka anga thim, railiyom ko chhota karake 750 kilomitara ka kara diya gaya aura yaha mukabale ko kaphi kathina bana diya| bharata mem philahala tima emaaraepha, tima jeke, tima jesiti aura tima parela ye chara timem hi haim| aura bhi adhika sahasikata ki talasha karane vale kara evam baika utsahi deshantarika abhiyanom ki ora baढ़na prarambha karane lage| vartamana mem, motara sporta mem ऑtokraॉsa, motokraॉsa, draiga resinga, motara jimakhana, khajane ki talasha evam niyata parivarika railiyam shamila haim| motara resinga ki teja gati vali duniya mem bharatiya narayana kartikeyana ne pahale hi apana nama kama liya hai| bharatiya motara resinga mote taura para 50 sala purana hai aura 30 salom se railinga kara raha hai| halanki bharata mem motara sporta paripatha resinga se shuru hua, parantu aja sachchai yaha hai ki desha ke andara resinga ki shayada hi koi pragati hui hai| yadi apa apurva anubhava ki chetana se tape hue hom to apane dila ki isa chinagari ko bharata mem uda़ne dijie, unche himachchhadita shikharom, sphatika-svachchha himanadiyom, dhalavadara ghasa ke maidanom, ubada़-khabada chattana satahom, hari-bhari ghatiyom, ghumavadara nadiyom, jarajarate prapatom, ghane jangalom aura eka sanriddha sanskriti se sampanna mehamana navaja़ loga se varadanita yaha dharati, parvatarohana, trekinga aura raॉka klaimbinga ke lie sarvatha upayukta bhumi hai| eka ora jaham parvatarohana ka mausama apraila-navambara ki samayavadhi ke asa-pasa kendrita hone ki ora pravritta rahata hai, kai arohanom ke prayasa jaड़e (disambara-marcha) mem bhi kie jate haim jo, halanki adhika sarda jarura hote haim kintu arohana ke lie sapha dina upalabdha karate haim| parvatarohana ke margom ko kathinaiyom aura suganyata ki koti ke adhara para vargikrita kiya gaya hai| sthayi himarekha, jo ki samanyata: 5,200 mi. ke kshetra mem hoti hai, ke maddenajara parvatarohana ke margom ki kathinai ko mote taura para buniyadi parvatarohana takanikom ki janakari ki avashyakata ke rupa mem paribhashita kiya ja sakata hai| parvatarohana ke mukhya sthala uttara pradesha ke gaढ़vala aura kumayum kshetrom mem haim| gaढ़vala mem, tonsa bandarapunchha kshetra, gangotri himanada pranali, nandadevi abhayaranya (philahala banda), arva himanada kshetra, kameta evam abi gamina kshetra shamila haim |  
kumayum mem, kalabalanda himanada pranali, pancha chulhi, rajarambha evam chaudhara shikhara tatha nandadevi abhayaranya ke purvi parshva para nandakota ghati ke shikhara kshetra shamila haim| gaढ़vala mandala vikasa nigama ke pasa muni ki reti evam rishikesha mem sthita eka purna sampanna parvatarohana evam trekinga prabhaga hai| shikhara bukinga shulkom, antarika rekha sambandhi nishedhom, sajo-samana ke ayata, kaimara ke upayoga karane ki anumati, bima, chikitsakiya dekharekha tatha riktikarana ki prakriyaom ke bare mem janakari ke lie dilli mem sthita bharatiya parvatarohana phaundeshana se samparka kijie| sabhi abhiyanom ke lie, chahe ve bharatiya, videshi athava sanyukta hom, prasthana se kama se kama chha: mahine purva, aiemaepha ke pasa avedana karana avashyaka hai, taki nirdharita avadhi mem sari aupacharikataem puri ki ja sakem| angrejom dvara bahuta hada taka kriketa evam haॉki ki taraha chhoड़i gai virasatom mem se eka hai polo| polo apane arambha ke lie angrejom ka rini hai, halanki ise pahale-pahala bharata mem khela gaya tha| udayapura ke purvavarti shasaka jaise katipaya rajasi parivarom ka pahale ka shauka jo ise abhi bhi sanrakshita kie hue haim, parantu mitara aura chhavani ke maidanom mem khela jane vala yaha khela, aba vardidhariyom ke lie adhikataya surakshita hai| maichom ka ayojana ama taura para jaड़e ki ritu mem hota hai, jinake vistrita vivarana sthaniya dainika akhabarom ya resa korsom se prapta kie ja sakate haim| 15vim sadi mem mugala rajavansha ki sthapana karane vale babara ne polo ki lokapriyata ko driढ़tapurvaka sthapita kiya|*